

Fort Collins Club | Gymnasium Schedule

Monday		
Class	Time	Instructor
Basic Training	9:00 - 10:00am	Kelly A.
Full Court Basketball Challenge	10:30am - 1:30pm	
Basic Training	5:00 - 6:00am	Chelsea H.
Basic Training	5:30 - 6:30pm	Ryan C.
Tuesday		
Class	Time	Instructor
Pickleball	12:30 - 3:30pm	Margie G.
FCC Basic Training	4:00 - 5:00pm	Ryan C.
Wednesday		
Class	Time	Instructor
FCC Basic Training	5:00 - 6:00am	Chelsea H.
FCC Basic Training	9:00 - 10:00am	Chelsea H.
FCC Basic Training	5:30 - 6:30pm	Liesel M.

Thursday		
Class	Time	Instructor
FCC Basic Training	8:00 - 9:00am	Elena
Pickleball	12:30 - 3:30pm	Margie G.
FCC Basic Training	4:00 - 5:00pm	Ryan C.
Friday		
Class	Time	Instructor
FCC Basic Training	5:00 - 6:00am	Taylor L.
Sunday		
Class	Time	Instructor
Pickleball	12:30 - 3:30pm	Margie G.

Attention:

Due to Corona 19 protocol we have reduced the Court Schedule. Basic Training classes will be held please sign up through the member portal. Drop in basketball only, pick up games only on Mondays. Masks are required, please bring your own ball.

Thank you

<https://mbrportal.genesishealthclubs.com/>



Fort Collins Club | Gymnasium– Paused for COVID 19

Basketball Leagues

During fall and winter, leagues form for Tuesday and Thursday evening teams.

Pick your own team or we can assist placing in you on a team.

Fall leagues begin mid-September

Winter leagues begin mid-January

Full - Court Challenge | 10:30 am - 1:30 pm | Monday, Wednesday, Friday

- Full-court basketball games only
- Must be 18 years or older to participate
- Must be 14 years or older to participate during all other times
- Challenge rules and sign-up board are in the gym
- Full-Court Challenge is scheduled when leagues are not in play

Pickleball

Pickleball is a court sport that's fun for all ages and skill levels and is one of the fastest-growing sports in the country. It combines aspects of tennis, badminton, and ping pong into a game that is very popular among members of all ages at Fort Collins Club.

If you would like to learn, come at to the FCC gym Tuesday, Thursdays, and Sundays at 12:30. We will introduce you to the game, to our regular players, and before you know it, it will be your new favorite sport! Beginners and Low Intermediate players are welcome between 12:30 and 1:30. Intermediate and Advanced players have the courts from 1:30 to 3:30.

Summary of the Game

The game is played on a badminton-sized court: 22' x 44'. The ball is served diagonally and points can only be scored by the side that serves. A 7' no volley zone on each side of the net, otherwise known as the "kitchen", brings an added challenge to the game. The first side scoring 11 points and leading by at least two points wins!

Open Gym

Open Gym refers to half-court basketball games and basketball shooting.

No full-court games are allowed.

Children under 12 years must be directly supervised by an adult 18 years or older.

FCC Basic Training

This class transforms workouts into sport through constantly varied, high-intensity, functional movements. Basic Training meets in the gymnasium.

Pick-Up Ping Pong

Tuesday | 5:30 - 7:00 pm | Open table night when leagues are not in session. All skill levels welcome.

Badminton Open Play

Set-up policy | Half court badminton may be set up during open gym if fewer than six people are playing basketball. The club can provide racquets and birdies upon request.

